



PEI WEI
ASIAN KITCHEN™

	Calories	Calories from Fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Egg	Fish	Dairy	Peanuts	Shellfish	Soy	Tree Nuts	Wheat	
SHAREABLES & SMALL PLATES																				
Signature Chicken Lettuce Wraps	810	420	46	9	0	30	2540	66	7	21	34					X	X		X	
Lettuce Wrap Sauce (2oz)	60	25	3	0	0	0	2280	3	1	1	3						X		X	
Vegetable Spring Rolls (1) <i>sauce not included</i>	120	53	6	1	0	0	250	15	2	2	2	X					X		X	
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1									
Pork Egg Rolls (1) <i>sauce not included</i>	280	141	16	4	0	20	540	25	2	4	9	X					X		X	
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1									
Crab Wontons (1) <i>sauce not included</i>	85	45	5	2	0	5	125	7	1	0	3	X		X		X	X		X	
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1									
Vietnamese Chicken Salad Lettuce Wraps	310	110	12	2	0	5	610	31	4	11	17				X					
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1									
Thai Peanut Dipping Sauce (2oz)	230	140	15	7	0	0	340	20	1	15	5		X		X		X	X	X	
Edamame, Small - salt not included	160	60	7	1	0	0	13	9	9	0	15						X			
Edamame, Large - salt not included	320	120	13	3	0	0	27	19	19	1	30						X			
Kosher Salt - 1/2 Tb.	0	0	0	0	0	0	3840	0	0	0	0									
HOUSE-ROLLED SUSHI																				
Mango California Roll (per piece)	48	13	1	0	0	1	188	7	1	3	2	X	X			X	X		X	
Spicy Tuna Roll (per piece)	45	13	2	0	0	4	160	6	1	2	2	X	X			X	X		X	
SOUPS																				
Hot & Sour Soup (cup)	70	25	3	1	0	25	630	6	1	1	5	X		X			X		X	
Hot & Sour Soup (bowl)	180	60	6	2	0	60	1570	15	1	3	12	X		X			X		X	
Thai Wonton Soup (cup)	70	20	2	0	0	10	780	17	0	0	4			X			X		X	
Thai Wonton Soup (bowl)	140	35	4	1	0	15	2120	43	1	7	6			X			X		X	
SALADS																				
Asian Chopped Chicken Salad w/ dressing (2oz)	660	310	35	5	0	120	1850	44	6	13	46	X					X		X	
Spicy Polynesian Poke Bowl w/ dressing (2oz)	760	290	33	4	0	45	3200	90	6	41	29	X	X			X	X		X	
Salad Dressings																				
Sesame Ginger Vinaigrette (2oz)	173	153	17	1	0	0	887	6	0	5	1						X		X	
Chili Paste (1 oz)	0	0	0	0	0	0	600	0	0	0	0									
Lime Vinaigrette (2 oz)	220		21	2	0	0	1400	11	0	9	0									
BUILD YOUR OWN																				
Wei Better Orange Small	340	140	15	3	0	0	810	46	1	43	1					X	X		X	
Wei Better Orange Regular	400	140	15	3	0	0	1080	60	1	56	2					X	X		X	
Honey-Seared Small	470	230	26	4	0	0	680	49	0	36	1						X		X	
Honey-Seared Regular	520	230	26	4	0	0	850	60	0	45	1						X		X	
Teriyaki Small	390	140	15	3	0	0	1980	60	4	50	5						X		X	
Teriyaki Regular	480	140	15	3	0	0	2650	81	5	68	7						X		X	
Spicy General Tso's Small	250	140	16	3	0	0	1130	26	2	16	3			X		X	X		X	
Spicy General Tso's Regular	350	140	16	3	0	0	2250	45	4	31	5			X		X	X		X	
Sesame Small	370	180	20	3	0	0	1860	38	3	28	4					X	X		X	
Sesame Regular	440	190	21	3	0	0	2530	53	4	40	6					X	X		X	
Thai Dynamite Small	240	140	15	3	0	0	1220	24	2	20	3						X		X	
Thai Dynamite Regular	310	140	15	3	0	0	1830	37	3	30	5						X		X	



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Mongolian Small	290	180	20	3	0	0	1340	24	1	19	3					X	X		
Mongolian Regular	350	180	20	3	0	0	2020	36	1	29	4					X	X		
Kung Pao Small	450	300	33	5	0	0	1540	28	5	17	9				X	X	X		
Kung Pao Regular	520	300	34	5	0	0	2320	41	6	26	11				X	X	X		
Pei Wei Original Small	470	180	20	3	0	0	590	71	2	64	2			X		X	X		
Pei Wei Original Regular	570	180	20	3	0	0	770	97	3	87	3			X		X	X		
Sweet & Sour Small	320	140	15	3	0	0	500	43	2	38	1						X		
Sweet & Sour Regular	400	140	15	3	0	0	750	63	2	58	1						X		
Ginger Broccoli Small	330	180	20	3	0	0	2010	33	4	20	5					X	X		
Ginger Broccoli Regular	380	180	20	3	0	0	2920	45	4	29	5					X	X		
Fried Rice Small (includes brown rice)	590	200	22	4	0	185	2370	82	7	15	14	X				X	X		
Fried Rice Regular (includes brown rice)	640	180	20	4	0	185	2370	95	4	17	14	X				X	X		
Fried Rice Small (includes white rice)	760	20	23	4	0	185	2550	115	9	23	19	X				X	X		
Fried Rice Regular (includes white rice)	820	180	20	4	0	185	2550	134	4	25	19	X				X	X		
Cauliflower Fried Rice Small (Includes cauliflower rice)	390	240	27	5	0	185	1200	25	6	14	13	X				X	X		
Cauliflower Fried Rice Regular (Includes cauliflower rice)	470	250	27	5	0	185	2430	41	7	28	15	X				X	X		
Protein - Small																			
Wok Fried Sliced Chicken	338	208	23	3	0	40	95	1	0	0	17						X		
Crispy Tempura Chicken	330	180	20	0	0	40	240	20	0	0	18	X					X		X
Steamed Chicken	156	33	3	1	0	40	95	1	0	0	17						X		
Grass-Fed Steak	290	200	23	5	0	20	280	5	1	0	16	X					X		
Fresh-Wok Cooked Shrimp	180	140	16	3	0	60	125	0	0	0	9	X				X	X		
Fresh-Cooked Crispy Shrimp	250	160	17	0	0	60	450	15	0	0	9	X				X	X		X
Steamed Shrimp	60	5	1	0	0	80	170	1	0	0	12	X				X	X		
Five-Spice Tofu & Fresh Vegetables (Fried)	310	170	19	3	0	0	240	17	3	8	19						X		
Five-Spice Tofu & Fresh Vegetables (Steamed)	170	35	4	0	0	0	240	17	3	8	19						X		
Five-Spice Tofu Only (Fried)	320	180	20	3	0	0	300	13	1	5	24						X		
Five-Spice Tofu Only (Steamed)	190	40	5	0	0	0	300	13	1	5	24						X		



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Protein - Regular																				
Wok Fried Sliced Chicken	455	234	26	4	0	90	189	3	1	0	35						X			
Crispy Tempura Fried Chicken	580	310	35	0	0	65	420	34	9	0	32	X					X		X	
Steamed Chicken	286	59	7	1	0	90	180	3	1	0	35						X			
Grass-Fed Steak	410	260	29	7	0	30	510	8	2	0	29	X					X			
Fresh-Wok Cooked Shrimp	220	150	16	3	0	115	250	1	0	0	18	X				X	X			
Fresh-Cooked Crispy Shrimp	500	310	34	0	0	115	890	30	0	0	18	X				X	X		X	
Steamed Shrimp	110	15	2	0	0	155	330	1	0	0	24	X				X	X			
Five-Spice Tofu & Fresh Vegetables (Fried)	350	180	20	3	0	0	320	20	3	9	25						X			
Five-Spice Tofu & Fresh Vegetables (Steamed)	220	45	5	1	0	0	320	20	3	9	25						X			
Five-Spice Tofu Only (Fried)	580	330	37	5	0	0	520	23	2	9	42						X			
Five-Spice Tofu Only (Steamed)	330	70	8	0	0	2	520	23	2	9	42						X			
Greens or Grains																				
Cauliflower Rice	120	70	8	1	0	0	70	11	5	5	5								X	
Cauliflower Fried Rice	470	250	27	5	0	185	2430	41	7	28	15	X				X	X			
Mixed Salad Greens	30	0	0	0	0	0	65	0	0	2	1									
Lettuce Cups	30	0	0	0	0	0	20	6	2	4	2									
White Rice - Small	330	0	0	0	0	0	0	74	2	2	6									
White Rice - Regular	400	0	0	0	0	0	0	90	2	2	7									
Brown Rice - Small	290	20	3	0	0	0	0	60	5	0	6									
Brown Rice - Regular	350	25	3	0	0	0	0	73	6	0	7									
Fried Rice - Small	640	180	20	4	0	185	2180	95	4	17	14	X				X	X			
Fried Rice - Regular	750	180	20	4	0	185	2360	118	4	25	18	X				X	X			
Noodles - Small	220	35	4	1	0	20	410	40	1	1	7								X	
Noodles - Regular	450	70	8	2	0	35	810	79	3	2	14								X	
NOODLE BOWLS - Noodles Included																				
Dan Dan Noodles	990	360	40	8	0	65	4110	110	6	25	46					X	X		X	
Chicken Lo Mein	1170	390	42	7	0	175	3600	123	8	23	70					X	X		X	
Lo Mein w/o Chicken	940	210	24	4	0	65	3220	114	6	25	20			X		X	X		X	
Chicken Pad Thai	1490	390	42	7	0	300	4720	167	14	50	82	X			X		X		X	
Pad Thai w/o Chicken	1120	330	37	6	0	185	4510	164	13	52	38	X			X		X		X	



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KID'S WEI																				
Kid's Teriyaki																				
<i>Crispy Tempura Chicken</i>	850	200	23	4	0	55	2140	58	3	49	27						X		X	
<i>Steamed Chicken</i>	750	150	17	3	0	40	2060	57	3	49	22						X		X	
<i>Grass-Fed Steak</i>	790	190	21	4	0	15	2190	58	3	49	17	X					X		X	
<i>Shrimp</i>	760	170	19	3	0	100	2310	59	3	49	16	X				X	X		X	
<i>Steamed Shrimp</i>	710	140	16	3	0	60	2100	57	2	49	14	X				X	X		X	
<i>Five-Spice Tofu & Fresh Vegetables</i>	900	260	29	5	0	0	2300	69	8	55	19						X		X	
<i>Five-Spice Tofu & Fresh Vegetables (Steamed)</i>	840	210	23	4	0	0	2240	66	8	55	20						X		X	
Kid's Honey-Seared																				
<i>Crispy Tempura Chicken</i>	980	270	30	3	0	30	840	63	2	43	17	X					X		X	
<i>Steamed Chicken</i>	770	155	19	3	0	35	730	50	3	43	16						X		X	
<i>Grass-Fed Steak</i>	780	190	21	5	0	15	870	52	3	43	15	X					X		X	
<i>Shrimp</i>	920	290	32	3	0	60	1100	63	2	43	12	X				X	X		X	
<i>Steamed Shrimp</i>	710	140	16	3	0	60	780	49	2	43	12	X				X	X		X	
<i>Five-Spice Tofu & Fresh Vegetables</i>	760	120	14	2	0	0	980	61	8	49	16						X		X	
<i>Five-Spice Tofu & Fresh Vegetables (Steamed)</i>	710	70	8	2	0	0	920	59	8	49	18						X		X	
Kid's Lo Mein (includes noodles)																				
<i>Steamed Chicken</i>	830	190	21	3	0	40	1260	57	4	10	27			X		X	X		X	
<i>Grass-Fed Steak</i>	860	230	24	4	0	15	1400	59	5	10	23	X		X		X	X		X	
<i>Shrimp</i>	840	210	23	3	0	60	1540	58	5	10	21	X		X		X	X		X	
<i>Steamed Shrimp</i>	790	180	19	3	0	85	1330	56	4	10	19	X		X		X	X		X	
<i>Five-Spice Tofu & Fresh Vegetables</i>	660	300	33	5	0	20	1510	69	10	16	23			X		X	X		X	
<i>Five-Spice Tofu & Fresh Vegetables (Steamed)</i>	640	240	27	5	0	25	1520	77	9	15	23			X		X	X		X	
Kid's Sweet & Sour																				
<i>Crispy Tempura Chicken</i>	880	310	34	3	0	35	620	99	3	27	23	X					X		X	
<i>Steamed Chicken</i>	670	155	17	3	0	38	470	32	3	26	19						X			
<i>Grass-Fed Steak</i>	690	190	21	5	0	15	610	35	3	26	14	X					X			
<i>Shrimp</i>	660	170	19	3	0	100	720	83	4	27	17	X				X	X		X	
<i>Steamed Shrimp</i>	610	140	16	3	0	60	520	32	2	26	11	X				X	X			
<i>Five-Spice Tofu & Fresh Vegetables</i>	800	260	29	5	0	0	720	44	8	32	15						X			
<i>Five-Spice Tofu & Fresh Vegetables (Steamed)</i>	740	210	23	4	0	0	660	41	8	32	17						X			
Kid's Wei Better Orange																				
<i>Crispy Tempura Chicken</i>	920	270	30	3	0	30	1020	67	3	45	17	X				X	X		X	
<i>Steamed Chicken</i>	770	165	19	3	0	40	910	51	3	45	18					X	X		X	
<i>Grass-Fed Steak</i>	690	220	35	7	0	40	1090	64	3	43	18	X				X	X		X	
<i>Shrimp</i>	620	190	33	3	0	60	1280	67	3	45	12	X				X	X		X	
<i>Steamed Shrimp</i>	710	140	16	3	0	60	960	52	3	45	12	X				X	X		X	
<i>Five-Spice Tofu & Fresh Vegetables (Steamed)</i>	540	210	23	4	0	0	1100	62	8	51	18					X	X		X	
<i>Five-Spice Tofu & Fresh Vegetables</i>	600	260	29	5	0	0	1160	65	9	51	17					X	X		X	
<i>Fresh Vegetables Only</i>	380	140	15	3	0	0	830	55	3	47	3					X	X		X	



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BEVERAGES																				
Regular Soft Drinks (22oz)																				
Coke	270	0	0	0	0	0	85	72	0	72	0									
Diet Coke	0	0	0	0	0	0	85	0	0	0	0									
Coke Zero	0	0	0	0	0	0	75	0	0	0	0									
Sprite	280	0	0	0	0	0	125	72	0	72	0									
Diet Sprite	0	0	0	0	0	0	60	0	0	0	0									
Pibb Xtra	280	0	0	0	0	0	85	72	0	72	0									
Minute Maid Lemonade	270	0	0	0	0	0	115	71	0	71	0									
Dr. Pepper	295	0	0	0	0	0	95	74	0	74	0									
Large Soft Drinks (32oz)																				
Coke	390	0	0	0	0	0	125	105	0	105	0									
Diet Coke	0	0	0	0	0	0	120	0	0	0	0									
Coke Zero	0	0	0	0	0	0	105	0	0	0	0									
Sprite	400	0	0	0	0	0	180	104	0	104	0									
Diet Sprite	0	0	0	0	0	0	85	0	0	0	0									
Pibb Xtra	400	0	0	0	0	0	120	104	0	104	0									
Minute Maid Lemonade	390	0	0	0	0	0	160	104	0	104	0									
Dr. Pepper	430	0	0	0	0	0	140	108	0	108	0									
Other Beverages																				
Mandarin Orange Green Tea	0	0	0	0	0	0	0	0	0	0	0									
Chai Spice Black Tea	0	0	0	0	0	0	0	0	0	0	0									
Sweet Tea	40	0	0	0	0	0	0	10	0	10	0									
Bud Light (12oz)	110	0	0	0	0	0	11	7	0	0	1									X
Shock Top Belgian White (12oz)	168	0	0	0	0	0	0	15	0	0	2									X
Kirin Ichinab Lager (22oz)	266	0	0	0	0	0	0	22	0	0	0									X
Benvolio - Pinot Grigio (5oz)	110	0	0	0	0	0	4	1	0	0	0									
Kendall Jackson - Chardonnay (5oz)	120	0	0	0	0	0	0	5	0	0	0									
Kendall Jackson - Cabernet (5oz)	125	0	0	0	0	0	0	3	0	0	0									
DESSERTS																				
Fudge Brownie	430	200	22	6	0	35	260	57	3	38	6	X		X	X		X	X	X	
Fortune Cookie (1)	25	0	0	0	0	0	0	5	0	2	0	X					X		X	
Thai Donuts	500	170	19	7	0	20	550	74	2	48	9	X		X			X		X	
Donut Dipping Sauce (2 oz)	260	60	6	4	0	20	70	44	0	44	6			X						



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CATERING MENU																				
APPETIZER PLATTERS																				
Signature Chicken Lettuce Wraps	3645	1890	207	41	0	135	11430	297	32	95	153					X	X		X	
Vegetable Spring Rolls (1) <i>sauce not included</i>	120	53	6	1	0	0	250	15	2	2	2	X					X		X	
Crab Wontons (1) <i>sauce not included</i>	85	45	5	2	0	5	125	7	1	0	3	X		X		X			X	
SUSHI PLATTERS																				
Mango California Roll (per piece)	48	13	1	0	0	1	188	7	1	3	2	X	X			X	X		X	
Spicy Tuna Roll (per piece)	45	13	2	0	0	4	160	6	1	2	2	X	X			X	X		X	
BUILD YOUR OWN BUFFET																				
Build your own Buffet Recipe Choice																				
Wei Better Orange	1600	560	60	10	0	0	4320	240	4	224	8					X	X		X	
Honey-Seared	2080	920	104	14	0	0	3400	240	0	180	4						X		X	
Teriyaki	1920	560	60	10	0	0	10600	324	20	272	28						X		X	
Spicy General Tso's	1400	560	64	10	0	0	9000	176	12	116	16			X		X	X		X	
Sesame	1760	760	84	12	0	0	10120	212	16	160	24					X	X		X	
Mongolian	1400	720	80	12	0	0	8080	144	4	116	16					X	X			
Kung Pao	2080	1200	136	20	0	0	9280	164	24	104	44				X	X	X			
Pei Wei Original	2280	720	80	12	0	0	3080	388	12	348	12			X		X	X			
Sweet & Sour	1600	560	60	10	0	0	3000	252	8	232	4						X			
Ginger Broccoli	1520	720	80	12	0	0	11680	180	16	116	20					X	X			
Thai Dynamite	1240	560	60	10	0	0	7320	148	12	120	20						X		X	
Build your own Buffet Protein Choice																				
Wok Fried Sliced Chicken	1820	640	72	12	0	220	420	4	0	0	92	X					X			
Crispy Tempura Fried Chicken	2320	720	80	0	0	160	960	80	0	0	72	X		X			X		X	
Steamed Chicken	1144	234	26	4	0	360	720	12	4	0	140	X					X			
Grass-Fed Steak	1640	800	92	20	0	80	1120	20	4	0	64	X					X			
Fresh-Wok Cooked Shrimp	880	560	64	10	0	240	500	0	0	0	36	X				X	X			
Fresh-Cooked Crispy Shrimp	2000	640	68	0	0	240	1800	60	0	0	36	X		X		X	X		X	
Steamed Shrimp	440	20	4	0	0	320	680	4	0	0	48	X				X	X			
Five-Spice Tofu & Fresh Vegetables	1400	680	76	12	0	0	560	40	16	20	32						X			
Five-Spice Tofu & Fresh Vegetables (Steamed)	880	140	16	4	0	0	560	40	16	20	32						X			
Build your own Buffet Side Choice																				
White Rice	1200	0	0	0	0	0	0	270	6	6	21									
Brown Rice	1050	75	9	0	0	0	0	219	18	0	21									
Noodles	1350	210	24	5	0	105	2430	237	9	6	42						X		X	
Fried Rice	2250	540	60	12	0	555	7080	354	12	75	54	X				X	X			
Cauliflower Rice	360	210	24	3	0	0	210	33	15	15	15						X			
Cauliflower Fried Rice	1410	750	81	15	0	555	7290	123	21	84	45	X				X	X			

