



	Calories	Calories from Fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Egg	Fish	Dairy	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
SHAREABLES & SMALL PLATES																			
Signature Chicken Lettuce Wraps	810	420	46	9	0	30	2540	66	7	21	34					X	X		X
Lettuce Wrap Sauce (2oz)	60	25	3	0	0	0	2280	3	1	1	3						X		X
Vegetable Spring Rolls (1) <i>sauce not included</i>	120	53	6	1	0	0	250	15	2	2	2	X					X		X
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1								
Pork Egg Rolls (1) <i>sauce not included</i>	280	141	16	4	0	20	540	25	2	4	9	X					X		X
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1								
Crab Wontons (1) <i>sauce not included</i>	85	45	5	2	0	5	125	7	1	0	3	X		X		X	X		X
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1								
Vietnamese Chicken Salad Rolls (1) <i>sauce not included</i>	180	60	6	1	0	0	300	21	2	5	9				X				
Sweet Chile Sauce (2 oz)	80	0	0	0	0	0	530	20	0	19	1								
Thai Peanut Dipping Sauce (2oz)	230	140	15	7	0	0	340	20	1	15	5		X		X		X	X	X
Traditional Edamame, Small - salt not included	160	60	7	1	0	0	13	9	9	0	15						X		
Traditional Edamame, Large - salt not included	320	120	13	3	0	0	27	19	19	1	30						X		
Kosher Salt - 1/2 Tb.	0	0	0	0	0	0	3840	0	0	0	0								
Miso Side Salad w/ Dressing	140	100	11	1	0	0	140	10	2	7	1						X		
HOUSE-ROLLED SUSHI																			
Mango California Roll (per piece)	48	13	1	0	0	1	188	7	1	3	2	X	X			X	X		X
Spicy Tuna Roll (per piece)	45	13	2	0	0	4	160	6	1	2	2	X	X			X	X		X
Wasabi Crunch Roll (per piece)	80	35	4	1	0	6	298	8	1	4	3	X	X			X	X		X
Teriyaki Crunch Roll (per piece)	93	45	5	1	0	5	338	10	1	5	2	X	X			X	X		X
SOUPS																			
Hot & Sour Soup (cup)	70	25	3	1	0	25	630	6	1	1	5	X		X			X		X
Hot & Sour Soup (bowl)	180	60	6	2	0	60	1570	15	1	3	12	X		X			X		X
Thai Wonton Soup (cup)	80	20	2	1	0	10	790	11	2	2	5			X			X		X
Thai Wonton Soup (bowl)	160	40	5	1	0	15	2120	22	3	7	9			X			X		X
SALADS																			
Ahi Avocado Salad w/ dressing (2oz)	770	370	41	6	0	25	2060	78	11	41	27	X	X				X		X
Asian Chopped Chicken Salad w/ dressing (2oz)	660	310	35	5	0	120	1850	44	6	13	46	X				X	X		X
Spicy Polynesian Poke Bowl w/ dressing (2oz)	760	290	33	4	0	45	3200	90	6	41	29	X	X			X	X		X
Salad Dressings																			
Sesame Ginger Vinaigrette (2oz)	173	153	17	1	0	0	887	6	0	5	1						X		X
Thai Peanut Vinaigrette (2oz)	226	95	11	5	0	0	2209	30	1	26	4		X		X		X	X	X
White Miso Ginger Dressing (2oz)	233	16	21	2	0	0	239	11	0	9	1						X		
Wasabi Vinaigrette (2oz)	200	130	14	3	0	0	620	17	0	16	1						X		X
Chili Paste (1 oz)	0	0	0	0	0	0	600	0	0	0	0								
Lime Vinaigrette (2 oz)	220		21	2	0	0	1400	11	0	9	0								
BUILD YOUR OWN																			
General Tso's Small	250	140	16	3	0	0	1120	24	2	15	2			X		X	X		X
General Tso's Regular	340	140	16	3	0	0	2250	44	3	29	4			X		X	X		X
Honey-Seared Small	470	230	26	4	0	0	680	49	0	36	1						X		X
Honey-Seared Regular	520	230	26	4	0	0	850	60	0	45	1						X		X
Pei Wei Original Small	470	180	20	3	0	0	590	71	2	64	2			X		X	X		
Pei Wei Original Regular	570	180	20	3	0	0	770	97	3	87	3			X		X	X		



	Calories	Calories from Fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Egg	Fish	Dairy	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
Thai Dynamite Small	240	140	15	3	0	0	1220	24	2	20	3						X		X
Thai Dynamite Regular	310	140	15	3	0	0	1830	37	3	30	5						X		X
Sweet & Sour Small	320	140	15	3	0	0	500	43	2	38	1						X		
Sweet & Sour Regular	400	140	15	3	0	0	750	63	2	58	1						X		
Ginger Broccoli Small	330	180	20	3	0	0	2010	33	4	20	5					X	X		
Ginger Broccoli Regular	380	180	20	3	0	0	2920	45	4	29	5					X	X		
Sesame Small	370	180	20	3	0	0	1860	38	3	28	4					X	X		X
Sesame Regular	440	190	21	3	0	0	2530	53	4	40	6					X	X		X
Mongolian Small	290	180	20	3	0	0	1340	24	1	19	3					X	X		
Mongolian Regular	350	180	20	3	0	0	2020	36	1	29	4					X	X		
Kung Pao Small	450	300	33	5	0	0	1540	28	5	17	9				X	X	X		
Kung Pao Regular	520	300	34	5	0	0	2320	41	6	26	11				X	X	X		
Teriyaki Small	380	140	15	3	0	0	1990	58	3	49	5						X		X
Teriyaki Regular	470	140	16	3	0	0	2660	79	4	67	7						X		X
Korean Spicy Small	230	140	15	3	0	0	620	21	2	17	2		X				X		X
Korean Spicy Regular	270	140	16	3	0	0	830	31	3	25	3		X				X		X
Fried Rice Small (includes brown rice)	590	200	22	4	0	185	2370	82	7	15	14	X				X	X		
Fried Rice Small (includes white rice)	760	20	23	4	0	185	2550	115	9	23	19	X				X	X		
Fried Rice Regular (includes brown rice)	640	180	20	4	0	185	2370	95	4	17	14	X				X	X		
Fried Rice Regular (includes white rice)	820	180	20	4	0	185	2550	134	4	25	19	X				X	X		
Protein - Small																			
Wok Fried Sliced Chicken	260	160	18	3	0	55	105	1	0	0	23	X					X		
Crispy Tempura Chicken	330	180	20	0	0	40	240	20	0	0	18	X					X		X
Steamed Chicken	120	25	3	1	0	55	105	1	0	0	23	X					X		
Grass-Fed Steak	290	200	23	5	0	20	280	5	1	0	16	X					X		
Fresh-Wok Cooked Shrimp	180	140	16	3	0	60	125	0	0	0	9	X				X	X		
Fresh-Cooked Crispy Shrimp	250	160	17	0	0	60	450	15	0	0	9	X				X	X		X
Steamed Shrimp	60	5	1	0	0	80	170	1	0	0	12	X				X	X		
Five-Spice Tofu & Fresh Vegetables (Fried)	310	170	19	3	0	0	240	17	3	8	19						X		
Five-Spice Tofu & Fresh Vegetables (Steamed)	170	35	4	0	0	0	240	17	3	8	19						X		
Five-Spice Tofu Only (Fried)	320	180	20	3	0	0	300	13	1	5	24						X		
Five-Spice Tofu Only (Steamed)	190	40	5	0	0	0	300	13	1	5	24						X		
Protein - Regular																			
Wok Fried Sliced Chicken	350	180	20	4	0	105	190	3	1	0	41	X					X		
Crispy Tempura Chicken	580	310	35	0	0	65	420	34	9	0	32	X					X		X
Steamed Chicken	220	45	5	1	0	105	190	3	1	0	41	X					X		
Grass-Fed Steak	410	260	29	7	0	30	510	8	2	0	29	X					X		
Fresh-Wok Cooked Shrimp	220	150	16	3	0	115	250	1	0	0	18	X				X	X		
Fresh-Cooked Crispy Shrimp	500	310	34	0	0	115	890	30	0	0	18	X				X	X		X
Steamed Shrimp	110	15	2	0	0	155	330	1	0	0	24	X				X	X		
Five-Spice Tofu & Fresh Vegetables (Fried)	350	180	20	3	0	0	320	20	3	9	25						X		
Five-Spice Tofu & Fresh Vegetables (Steamed)	220	45	5	1	0	0	320	20	3	9	25						X		



PEI WEI
ASIAN KITCHEN™

	Calories	Calories from Fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Egg	Fish	Dairy	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
Diet Sprite	0	0	0	0	0	0	60	0	0	0	0								
Pibb Xtra	280	0	0	0	0	0	85	72	0	72	0								
Minute Maid Lemonade	270	0	0	0	0	0	115	71	0	71	0								
Dr. Pepper	295	0	0	0	0	0	95	74	0	74	0								
Large Soft Drinks (32oz)																			
Coke	390	0	0	0	0	0	125	105	0	105	0								
Diet Coke	0	0	0	0	0	0	120	0	0	0	0								
Coke Zero	0	0	0	0	0	0	105	0	0	0	0								
Sprite	400	0	0	0	0	0	180	104	0	104	0								
Diet Sprite	0	0	0	0	0	0	85	0	0	0	0								
Pibb Xtra	400	0	0	0	0	0	120	104	0	104	0								
Minute Maid Lemonade	390	0	0	0	0	0	160	104	0	104	0								
Dr. Pepper	430	0	0	0	0	0	140	108	0	108	0								
Other Beverages																			
Mandarin Orange Green Tea	0	0	0	0	0	0	0	0	0	0	0								
Chai Spice Black Tea	0	0	0	0	0	0	0	0	0	0	0								
Sweet Tea	40	0	0	0	0	0	0	10	0	10	0								
Bud Light (12oz)	110	0	0	0	0	0	11	7	0	0	1								X
Shock Top Belgian White (12oz)	168	0	0	0	0	0	0	15	0	0	2								X
Kirin Ichinab Lager (22oz)	266	0	0	0	0	0	0	22	0	0	0								X
Benvolio - Pinot Grigio (5oz)	110	0	0	0	0	0	4	1	0	0	0								
Kendal Jackson - Chardonnay (5oz)	120	0	0	0	0	0	0	5	0	0	0								
Kendall Jackson - Cabernet (5oz)	125	0	0	0	0	0	0	3	0	0	0								
DESSERTS																			
Chocolate Chunk Cookie	270	130	14	8	0	40	160	37	2	21	3	X		X	X		X	X	X
Snickerdoodle Cookie	260	100	11	5	0	0	200	40	1	24	2	X		X	X		X	X	X
Fudge Brownie	430	200	22	6	0	35	260	57	3	38	6	X		X	X		X	X	X
Fortune Cookie (1)	25	0	0	0	0	0	0	5	0	2	0	X					X		X
Thai Donuts	500	170	19	7	0	20	550	74	2	48	9	X		X			X		X
Donut Dipping Sauce (2 oz)	260	60	6	4	0	20	70	44	0	44	6			X					



Calories	Calories from Fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Egg	Fish	Dairy	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
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CATERING MENU

APPETIZER PLATTERS

Signature Chicken Lettuce Wraps	3645	1890	207	41	0	135	11430	297	32	95	153				X	X		X
Vegetable Spring Rolls (1) <i>sauce not included</i>	120	53	6	1	0	0	250	15	2	2	2	X				X		X
Crab Wontons (1) <i>sauce not included</i>	85	45	5	2	0	5	125	7	1	0	3	X	X		X			X

SALAD

Asian Chopped Salad w/ dressing	1410	645	93	11	0	0	3870	129	9	39	24	X				X		X
Asian Chopped Chicken Salad w/ dressing	1980	930	105	15	0	360	5550	132	18	39	138	X				X		X

SUSHI PLATTERS

Mango California Roll (per piece)	48	13	1	0	0	1	188	7	1	3	2	X	X		X	X		X
Spicy Tuna Roll (per piece)	45	13	2	0	0	4	160	6	1	2	2	X	X		X	X		X
Wasabi Crunch Roll (per piece)	80	35	4	1	0	6	298	8	1	4	3	X	X		X	X		X

BUILD YOUR OWN BUFFET

Build your own Buffet Recipe Choice

General Tso's	1360	560	64	10	0	0	9000	176	12	116	16		X		X	X		X
Honey Seared	2080	920	104	14	0	0	3400	240	0	180	4				X	X		X
Pei Wei Original	2280	720	80	12	0	0	3080	388	12	348	12		X		X	X		X
Thai Dynamite	1240	560	60	10	0	0	7320	148	12	120	20				X	X		X
Sweet & Sour	1600	560	60	10	0	0	3000	252	8	232	4				X	X		X
Ginger Broccoli	1520	720	80	12	0	0	11680	180	16	116	20				X	X		X
Sesame	1760	760	84	12	0	0	10120	212	16	160	24				X	X		X
Mongolian	1400	720	80	12	0	0	8080	144	4	116	16				X	X		X
Kung Pao	2080	1200	136	20	0	0	9280	164	24	104	44			X	X	X		X
Teriyaki	1880	560	64	10	0	0	10640	316	16	268	28				X	X		X
Korean Spicy	1080	560	64	10	0	0	3320	124	12	100	12		X		X	X		X

Build your own Buffet Protein Choice

Wok Fried Sliced Chicken	1040	640	72	12	0	220	420	4	0	0	92	X				X		X
Crispy White Meat Fried Chicken	1320	720	80	0	0	160	960	80	0	0	72	X		X		X		X
Steamed Chicken	480	100	10	2	0	220	420	4	0	0	92	X		X		X		X
Grass-Fed Steak	1160	800	92	20	0	80	1120	20	4	0	64	X				X		X
Fresh-Wok Cooked Shrimp	720	560	64	10	0	240	500	0	0	0	36	X			X	X		X
Fresh-Cooked Crispy Shrimp	1000	640	68	0	0	240	1800	60	0	0	36	X		X		X		X
Steamed Shrimp	240	20	4	0	0	320	680	4	0	0	48	X			X	X		X
Five-Spice Tofu & Fresh Vegetables	960	680	76	12	0	0	560	40	16	20	32					X		X
Five-Spice Tofu & Fresh Vegetables (Steamed)	440	140	16	4	0	0	560	40	16	20	32					X		X

Build your own Buffet Side Choice

White Rice	1200	0	0	0	0	0	270	6	6	6	21							
Brown Rice	1050	75	9	0	0	0	219	18	0	0	21							
Noodles	1350	210	24	5	0	105	2430	237	9	6	42					X		X
Fried Rice	2250	540	60	12	0	555	7080	354	12	75	54	X			X	X		X
Cauliflower Rice	360	210	24	3	0	0	210	33	15	15	15					X		X
Cauliflower Fried Rice	1410	750	81	15	0	555	7290	123	21	84	45	X			X	X		X
Quinoa Blend	1560	720	81	12	0	0	3330	162	30	39	48				X	X		X

